



GOD THE LIFE - GIVER

CATECHETICAL TEXTBOOK SERIES OF THE SYRO - MALABAR CHURCH



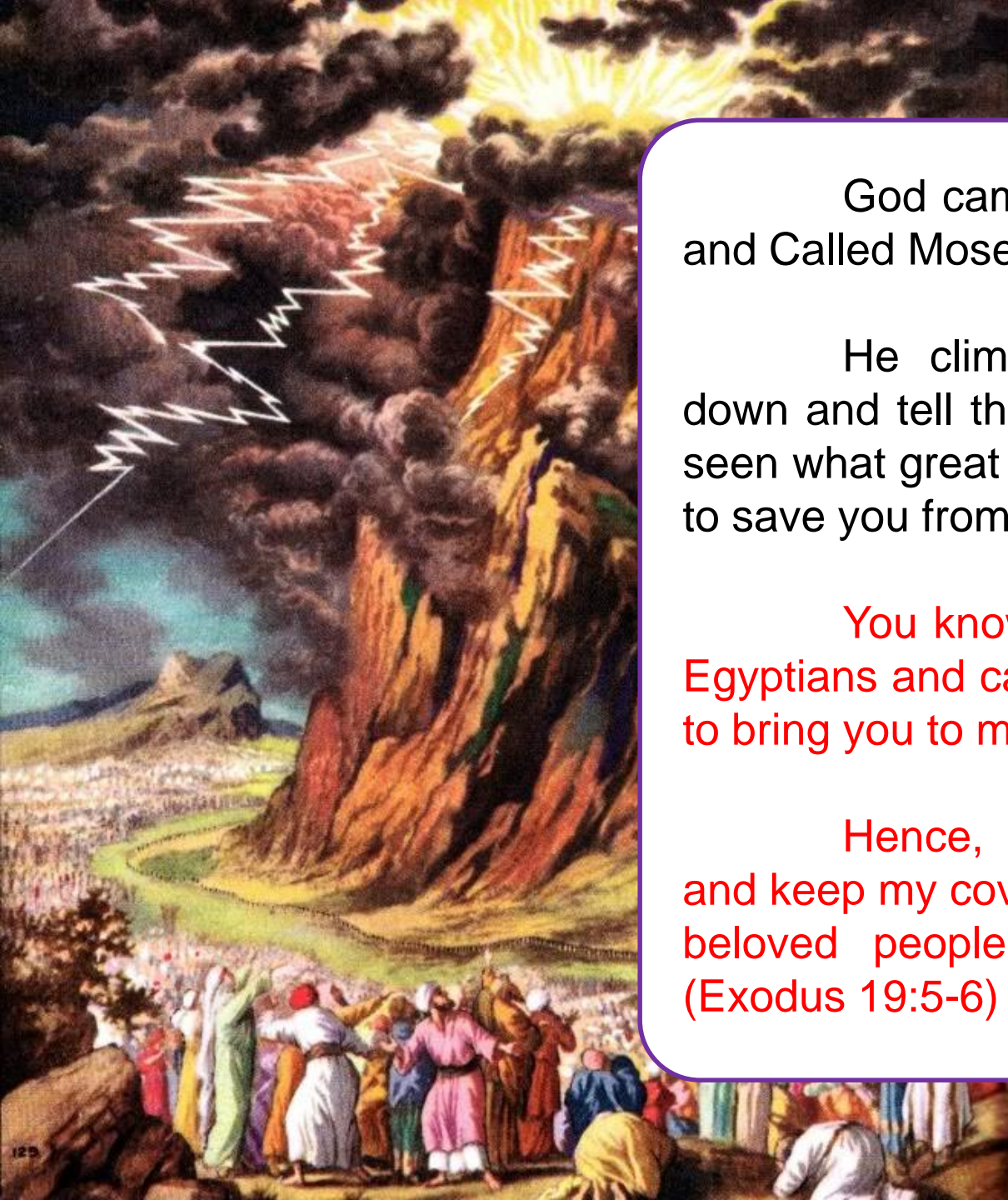
Lesson 7

COMMANDMENTS: THE WAYS OF LIFE



**The Israelites continued their journey from Egypt to Canaan.
Moses was their leader.
After a long journey they reached the desert of Sinai.**





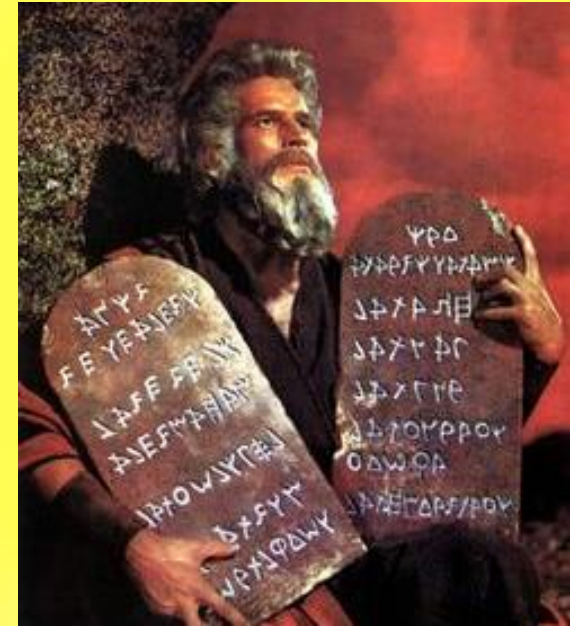
God came down from Mount Sinai and Called Moses up to the Mount.

He climbed up. Then God said down and tell the Israelites, that you have seen what great wonders I have performed to save you from Egyptian slavery.

You know what I have done to the Egyptians and carried you in eagle's wings to bring you to myself.

Hence, if you listen to my word and keep my covenant you will be my most beloved people among all the nations (Exodus 19:5-6)

Moses came down the mountain, assembled the elders of the people and told them whatever God said to him. The people unanimously said that we will do whatever the Lord has commanded. Moses told this to God.



After conversing with Moses, God wrote the ten commandments on two stone tablets and gave it to Moses. We call these commandments, The commandments of God. They are the following.

I

I am the Lord your God.
You shall have no other
God before me.

II

You shall not take the
name of the Lord your God
in vain.

III

Remember to keep holy of
the Lord's day.

IV

Honour your father and
your mother.

V

You shall not kill.

VI

You shall not commit
adultery.

VII

You shall not steal.

VIII

You shall not bear false
witness against your
neighbour.

IX

You shall not covet your
neighbour's wife.

X

You shall not covet your
neighbour's goods.

These ten commandments can be contained in two commandments.

1. You shall love the Lord God above all.

2. You shall love your neighbour as yourself.



**God's commandments are ways of life.
We must obey these commandments in life,
then only we will grow in divine life.**





Commandments help us to show the right way in our journey to heaven. Don't we see the pointers on our way? Similarly God's commandments teach us what we must do and what we must not do in life. Let us learn them and keep them and move along the path of life.

Let us find out the answers

1. Where did God give ten commandments to Moses?
2. If we listen to God's words and keep his commandments what will we become?
3. In how many commandments are the ten commandments contained? What Are They?
4. What are the ways of life?

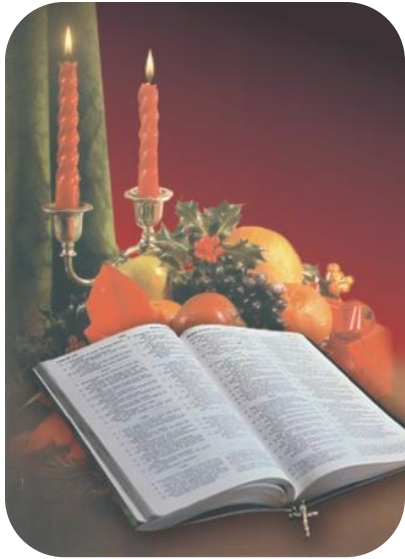
Let us pray

God, our loving Father, Who gave
Commandments to the Israelites,
Give us the grac to keep
Your commandments.



Bible reading

Genesis 20:1-17



My favorite Bible sentence

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LET US SING



God came down on Mount Sinal,
Made His covenant in love;
Saying you shall be my people,
If you keep my covenant.

God the Ten Commandments gave,
For to guard the human race;
You will reach the goal of life,
If you keep these ten commands.



Let us memorise



The ten commandments

Riddle

I am the loving gift of God.
I was given on Mt. sinai.
There are ten instructions in me.
Give my name.

Moses



My decision

I will ever live obeying God's commandments.





Thank you